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# Home Health Aide On-the-Go In-Service Lessons: Vol. 10, Issue 5: Safety With ADLs



## Synopsis

**OVERVIEW** Assisting in activities of daily living (ADL) is a fundamental role of the home health aide. In caring for patients in their home, it is imperative that patients be able to safely perform their ADLs. This in-service describes how aides can demonstrate to patients and their families ways to safely perform ADLs, such as maintaining personal hygiene and using equipment to move about the home. **LESSON OBJECTIVES** After completion of this program, the home health aide will be able to: - Define how to feed a patient safely - Describe methods that will assist in performing personal hygiene safely at home - Discuss ambulating and using mobility devices safely in the home **Contents of this lesson:** - A clearly written fact sheet - A 10-question post-test to measure understanding of the subject matter - An answer sheet with a place for the instructor's comments and signature - An illustrative, homecare-specific case study - Suggested supplemental learning activities - An attendance log and certificate of completion

## Book Information

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